



4th Anniversary Issue
May 2018

The New Wave

Monthly Newsletter of ISKCON Delhi-NCR

News

1. **Viplava Festival** (31st March - 1st April) (ISKCON East of Kailash)

The ISKCON Youth Forum, organised "Viplava", with the purpose of revolutionising consciousness. It was organised at the ISKCON, East of Kailash auditorium. The seminar based on the theme of "Holy Name: Our Only Saviour", consisted of discourse by His Holiness Gopal Krishna Goswami Maharaja followed by question answer session pertaining to the practical application of philosophy. Young devotees soaked in the divine association of Maharaja. They took instructions from him and also received answers to their questions. The other attractions of the festival were kirtan, debate, feast and drama.



2. **Series of Value Education Classes** (Started in April) (ISKCON Dwarka)

A series of value education classes based on the book, Values of Life, are being conducted in various schools of Dwarka. It is scheduled on every Tuesday in Delhi International School and every Wednesday in Nava Jeevan Education Academy. The duration of class is one hour. As the teachers remarked, the classes are extremely relevant for the students. Your best friend, valuing time, respecting our mother, learning to see good in others, being obedient, etc. are the various topics covered.

3. **Gita Marathon Award Ceremony** (ISKCON Punjabi Bagh)

The annual Gita Marathon which started in December 2017 concluded in April 2018, with its award distribution ceremony. It was graced by H.H. Gopal Krishna Goswami Maharaja and H.H. Bhakti Madhurya Govinda Swami Maharaja. With almost 2.5 lacs Bhagavad Gita being distributed, it was a big boost for all the distributors. His Holiness encouraged all to keep helping Srila Prabhupada with his glorious mission. The temple shared their gratitude towards the book distributors by giving them prizes and awards. It surely set the way for next Gita Marathon.



4. Art of Teacher-hood Seminar (7th April) (ISKCON Dwarka)

The seminar on "Art of teacher-hood through the teachings of Bhagavad Gita" was delivered by H.G. Amogh Lila Prabhu at Shri Venkateshvar School, Sec-10, Dwarka. More than 60 teachers attended the seminar. The seminar was appealing to the participants, as they shared, it revolutionized their teaching process. Moreover, they requested for more such seminars in the future in order to give an extra edge to the existing teaching pattern. A similar program was also organized at Happy Model School, Janakpuri on 13th March 2018.



5. IYF Camp (7th – 8th April) (ISKCON Punjabi Bagh)

A camp was organised for 50 young devotees from IYF Punjabi Bagh. The name of the camp was "Sadhu Sangha Camp". The theme of the camp was "Teachings from the life of Ajamila". All students put up their different presentations on various case studies from the life of Ajamila. Many other events, like Drama, Sankirtan at Harki Paudi, Ganges bathing, scrumptious prasadam, night bhajan sandhya, visit to IIT ROORKEE BACE, etc, were also held during the camp. The overall experience of the participants was enthralling & enlightening.



6. Shradhavan Certificate Ceremony (8th April) (ISKCON Gurugram)

The enthusiastic members of new Bhakti-vriksha groups who recently completed important milestone in their spiritual life were awarded Shradhavan certificates by H.G. Pradyumna Priya Prabhu during the Sunday Love feast program. The member shared their experiences with their newfound bhakti vriksha family. It was very satisfying to see how the



program is powerful to transform the lives of people and bring them very fast in the mainstream of devotional life.

7. Udgaa Festival (8th April) (ISKCON East of Kailash)

The Youth Forum of Sri Sri Radha Parthasarathi temple, organised its annual Udgaa festival on the theme "Our Life on Two Wheels". The festival was aimed at inspiring the youth to experience spiritual bliss as "an expression of goodness and joy". The occasion was graced by the association of His Grace Ashraya Krishna Prabhu (M. Tech, IIT, Kharagpur) at the auditorium, East of Kailash. The event included drama, seminar, rock show and feast.



8- Mahamilan 2018 (8th April) (ISKCON Punjabi Bagh)

The most awaited "Festival of Togetherness" for the congregation was held at Natha Singh Vatika. The entire venue was loaded with enthusiasm and delight as the main theme of the show were games like 'Tug of War', 'Moh-Maya',



'Krsna Killing Demons', 'Way to Goloka' to name a few. The program started with kids Ratha Yatra which set the mood of the whole event. The most cherished add-on was the talent hunt show which showcased some of the choicest talent in the congregation. Overall, the joy and fun indeed made the whole event "Festival of Togetherness".

9. Seminar on Stress Management (10th April) (ISKCON Gurugram)

Stress management has become the buzz word in bustling corporate world. This seminar gave the Vedic perspective and practical solutions to the employees of Hansol Logistics, Gurugram.

10. Boat Festival (13th April) (ISKCON East of Kailash)

In the summer months, the divine couple is taken on a 'naukavihar' or boat ride. This is a beautiful festival which celebrates the intimate pastimes of the Lord. The Krishna Kaliya pond at ISKCON, East of Kailash, was decorated with flowers and festoons. The utsava Deities were taken around the pond in a boat, amidst transcendental sound of chanting of holy names. The celebration was adorned with the presence of His Holiness Gopal Krishna Goswami Maharaja, His Holiness Lokanath Swami Maharaja and many other senior devotees and sannyasis. The deities were welcomed with bhoga and kirtan. Their Lordships wore flower dresses, made with the loving hands of the devotees. The temple was visited by thousands of people who became part of the celebration. The boat festival is one of the chief festivities of ISKCON Delhi.



11. Orientation Programme addressed at NK Bagrodia School (13th April) (ISKCON Dwarka)

The orientation programme at NK Bagrodia School, Sec-4, Dwarka was addressed by H.G.A mogh Lila Prabhu. The



program was attended by students, parents and all the teachers of class 11th & 12th. The speaker highlighted the information related to spiritual and moral values and the responsibility of parents and teachers in character building of a child. After the fabulous presentation, the speaker was over flooded with students, teachers and parents for their queries.

12. Harinama Sankirtan (14th April, 28th April) (ISKCON Gurugram)

Singing the holy names of the Lord through the in-roads of Uppal South-end, the devotees distributed the mercy of Lord Gauranga Mahaprabhu to one and all. Devotees were very well received by the pious citizens of this opulent township. Many onlookers came forward to chant along with the procession and took the khichadi prasadam distributed to everyone. The devotees also registered new people for various seminars. The Harinama culminated in uproarious kirtan by several devotees and prasadam was served to everyone. The Harinama-sankirtan was purifying for everyone who participated in this blissful and glorious yajna.



13-Tulasi Jaladana (15th April) (ISKCON All Delhi-NCR Temples)

The Lord accepts service done unto his pure devotee as service done to himself. Tulasi maharani is a pure devotee of the Lord. In the summer months as the temperature begins to rise, water is offered to Tulasi. This is known as Tulasi Jaladana. This spiritual practice gives innumerable benedictions to the devotees. Celebrated for a month, this year this festival began on 15th April.

14. Ullas Festival (15th April) (ISKCON Dwarka)

The first mega youth festival 'Ullas' with the theme 'reconnecting with spiritual joy', was organized in ISKCON

Dwarka with great pomp and show. The powerful presentation on 'OH MY GOD! Return' by HG Amogh Lila Prabhu was the main attraction of the program. The conceptions of the modern intellectuals and the argument put forward by various movies regarding spirituality were systematically analysed in the thought provoking seminar and an eye opening conclusion was derived. Apart from the presentation, drama, birthday celebration, rock show and delicious Krishna prasadam at the end, were equally attractive. The program was attended by more than 250 participants. The participants were moved with the unworldly aura of the festival.

15-Aksaya Tritiya and Candana yatra (18th April) (ISKCON All Delhi-NCR Temples)

Aksaya Tritiya is known for having the potency to multiply wealth, opulence and bhakti manifold. Whereas the seekers of material prosperity make a bee line at the jewellers', devotees seek progress on the path of spirituality. This day marks the beginning of the Candana darshan of the deities. Decorated with sandalwood paste, the deities attract and capture the hearts of all those who visit the temple. Devotees chant more, with the prayer to multiply their spiritual enthusiasm, devotional and eternal credits. This day also marks the beginning of Candanayatra festival which lasts for a month.

16. IYF Yatra to Vrindavan (20th – 22nd April) (ISKCON Dwarka)

Over 35 devotees of ISKCON Youth Forum, Dwarka visited Vrindavan Dham under the leadership of H.G. Amogh Lila Prabhu and H.G. Prashant Mukund Prabhu. They visited various temples established and worshiped by six Goswamis, Nanda Grama, Barsana and Vrinda Kund. Ecstatic kirtan, was performed at every place accompanied with Krishna katha and prasadam. The purpose of the Yatra was fulfilled as everyone felt spiritually inspired and relished the bliss of devotional service.

17. Mantra Rock Show (21st April) (ISKCON Gurugram)

A team of devotees organized a "Mantra Rock Show" at Takshashila Heights, Sector 37 C and made the residents to tap their feet to the western rhythms on the Hare Krishna Mahamantra. The Rock Show was very well received, and everyone appreciated the new ways to attract the younger generation to chant the Holy Names of the Lord.

18. Vrindavan Yatra (22nd April) (ISKCON Gurugram)

Under the able guidance of H.G. Madhumangal Prabhu, a 1-day spiritual retreat to Sri Dham Vrindavan was organised for the congregation devotees. Many newcomers also joined this yatra and were attracted by this sweet but brief trip to spiritual world. Devotees had beautiful darshan of Vrinda kunda, Sriji Mandir at Barsana and Sri Sri Radha Shyamsundar, Sri Sri Krishna Balarama and Sri Gaura Nitai at ISKCON Vrindavan. Devotees enjoyed the vibrant and devotional environment of dham and were carried away in spiritual ecstasy of 24hr- kirtan in the temple hall. Many devotees visited for the first time to Vrindavan in the association of devotees. H.G. Madhumangal Prabhu took brief seminars on various aspects of devotional life. The devotees also visited important places of pastimes of the



Lord and different Goswami temples. Everyone relished the delicious prasadam in association of devotees at different Lila sthalis. The kids enacted a small skit depicting the pastimes of Lord Krishna Balarama performed in Vrindavan.

19. Appearance day of Srimati Sita Devi (24th April) (ISKCON East of Kailash)

Sita Devi is the eternal consort of Lord Rama. She is the daughter of Bhumi Devi and an embodiment of tolerance and dutifulness. Accompanying her eternal master Lord Rama, in her advent on earth, she establishes and upholds the principles of chastity and determination. Her appearance day was celebrated with abhishek, kirtan and feast. On this most auspicious occasion, the devotees took darshan of the lotus feet of Janaknandini, which is possible only on this auspicious day.



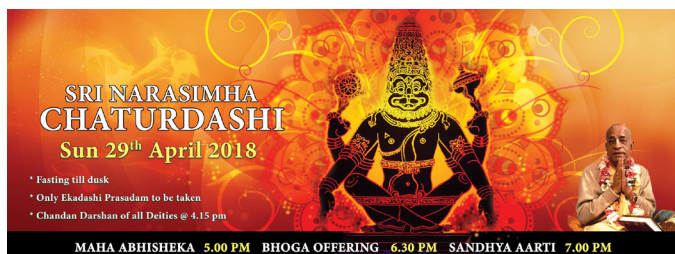
20. Appearance day of Srimati Rukmini Devi (27th April) (ISKCON Dwarka)

Rukmini Devi is an eternal consort of Lord Krishna in Dwarka. She is the eldest queen out of 16108 queens of Lord Krishna and considered to be very dear to Lord. She is the live example of how one can be attracted to Krishna simply by hearing about Him from His pure devotees. She is well known for her chastity and her intense love for the Lord. Her appearance day will be celebrated with Kirtan, Abhishek, feast and special discourse.



21- Narasimha Caturdasi (29th April) (ISKCON All Delhi-NCR Temples)

Prahlada Maharaja, one of the 12 mahajanaks of the Lord, exemplifies the behaviour and character of a devotee. It is his pure devotional service that attracts the mercy of the Lord who then appears in the form of Narasimhadeva. The Lord takes the form of half lion half man to annihilate the miscreant Hiranyakashipu. The Lord upholds his promise of



protecting his devotee from all misfortune. The auspicious appearance of Lord Narasimhadeva, was celebrated with abhishek, kirtan and fasting till dusk. This day is of utmost importance to the devotees who are offered protection from all impediments and obstacles to spiritual life, by the mighty and supreme Lord Narasimhadeva. The devotees visit the temple, chant for mercy and pray in the mood of Prahlada Maharaja, who was completely surrendered to the Lord.

22. Art of Teacher-hood Seminar (30th April) (ISKCON Dwarka)

A seminar on 'Art of teacher-hood through the teachings of Bhagavad Gita' was conducted at Nava Jeevan Education Academy on 30th April. The seminar was delivered by H.G. Amogh Lila Prabhu.

Upcoming events:

1. Discover Your Permanent Happiness (5th May - 20th May) (ISKCON Dwarka)

A faith booster 7-day session for the newcomers is being organized every Saturday and Sunday of the

DYPH

a systematic & scientific presentation

DISCOVER YOUR PERMANENT HAPPINESS

7 DAYS SEMINAR

Registration: FREE

Speaker: Dr. Abhinav Grover
Asst. Professor JNU, PhD, MTech, BTech IIT Delhi
 (Young Scientist Awardee, Yuva Vigyan Ratna Awardee)

Date: May 5th, 6th, 12th, 13th, 19th, 20th 2018 (Sat & Sun)
 Time: 6.30 PM – 8.30 PM
 Every session will be followed by **delicious lunch prasadam**.
 7th day would be the certification ceremony.

Search for Happiness

Does God Really Exist?

Why bad things happen to good people?

Who am I?

Yoga for the modern age

If God is One, then why so many religions?

Feedback & certificate ceremony

For registration contact: 9873245545, 8800223226, 7065081709
 Venue: Prasadam Hall, ISKCON Dwarka, Sec.-13, Dwarka-110078

month. H.G. Amal Krishna prabhu will conduct the sessions. Amal Krishna Prabhu is a Professor in JNU and has been twice awarded with Young Scientist award by the Government of India.

2. Tulasi Jaladana ends (14th May) (ISKCON All Delhi-NCR Temples)

The summer month gives an opportunity to serve Tulasi, the pure devotee of The Lord. Tulasi Jaladana ended after a month of loving service to Vrinda Devi.

3. Purushottama Month begins (16th May-13th June) (ISKCON All Delhi-NCR Temples)

The month of Purushottama is named after the Lord Himself. This month has been specially blessed to contain the potency to shower mercy on spiritual seekers. The Lord says in Padma Purana:

"I shall make this poor extra month just like Me in quality, fame, opulence, realization, success, and in giving benediction to the devotees. This month will become equally potent. I am bestowing all of My divine qualities in this abused month. Named after Me, this month will be famous as Purushottama month in this world."

"Oh Garudadhwaaja," Lord Sri Krishna continued, "My Goloka is unattainable to the performers of austerities, mahatmas engaged in pious activities, to people who maintain celibacy, or to those who fast their whole life's duration. But just by observing Purushottama month and becoming a devotee one can easily cross over this material ocean and return back to Godhead. Observance of this Purushottama month is the best of all austerities. Just as a farmer produces a rich harvest by planting seeds in nicely cultivated land, so an intelligent man who practices devotional service towards the Supreme Lord in this Purushottama month will enjoy a blissful life while in this world and after leaving his body he will return back to Godhead".

All human beings should perform some devotional service in this Purushottama month by daily:

- Worshipping Me, Sri Krishna, by chanting My holy names
- Study of Srimad Bhagavatam and Bhagavad-gita
- Giving in charity
- Offering ghee dipa (lamp)

The above statement establishes the significance of this month. Devotees celebrate this auspicious month by chanting more, engaging themselves in more spiritual activities. Chapter 15 of Bhagavad-Gita, describing the glorious abode of the Lord, is recited every day. It is a perfect time to experience the nectar of devotional service.

Purushottam Masa

16th May to 13th June, 2018

This Month comes once only in every three years

PARENTING PRINCIPLES FROM BHAGAVAD-GITA

In the Bhagavad Gita, Krishna delineates a majestic world view which reveals to us our place and purpose in this world. And interestingly Krishna concludes the Bhagavad-Gita, not with a command, as much as with a call. A command means one must do it, and a call conveys that He's inviting.

So He concludes in 18.63 by saying,

vimṛśyaitadaśeṣeṇa
yathecchasi tathā kuru

now deliberate on what I have said, and then yathecchasi- as is your desire you do that.



So here we see that although Krishna is God and the Bhagavad-Gita clearly establishes Krishna's divinity, still Krishna does not demand obedience, rather Krishna respects human independence and appeals to human intelligence. The whole Bhagavad-Gita is not a series of dictatorial dictates: "I am God; you do this." No. When Arjuna asks intelligent questions Krishna gives reasonable answers.

In the middle of the Bhagavad-Gita - the 11th chapter, Arjuna himself uses the metaphor of a parent and a child to explicate the relationship between Krishna and himself.

Krishna adopts a parental role, the role of a Guru. Krishna does not dominate and demand, rather He appeals to the intelligence, through enlightenment and encouragement. He tells us what we should do. Not just what should we do but also why should we do it? Along with that His encouragement gives us the confidence that we can do it. Enlightenment without encouragement is alienating. On the other hand if there is only encouragement without enlightenment then there is no upliftment. These two dynamics apply in a parental relationship also. Parents are expected to, on one side offer love to their children, and on the other side offer guidance which also means discipline.

Unfortunately, there are some parents who offer neither love nor discipline. The children live in their world and the parents live in theirs. The parents are watching TV all day or they have their jobs, they go for jobs and come back and children are doing their own thing.

There are some parents who offer love but no discipline. Whereas the first are negligent parents, the second is permissive parenting which is incomplete.

The other is authoritarian, i.e., parenting becomes dictatorial where there is only discipline and no love. Because the children are subordinate to their parents they may obey but when they grow older they just rebel. A huge gap comes between the parents and the children. Because the children feel that they were never loved and were only dominated. Hence, this is authoritarian.

From the Bhagavad-Gita's point of view there is encouragement and enlightenment. When we not only discipline through punishment but also tell why something should be done.

Therefore, the Bhagavad-Gita is not so much a book of Commandments as it is a book of choices. It is a book where we see both choices and consequences. In 18.58 in the Bhagavad-Gita Krishna says,

mac-cittaḥsarva-durgāṇi
mat-prasādāttariṣyasi
athacettvamahaṅkāraṇ
naśroṣyasivinaṅkṣyasi

mac-cittaḥ—"If you become conscious of Me, you will pass over all obstacles by My grace. He is saying if you become conscious of Me, this is the consequence. If you don't do this (athacettvamahaṅkāraṇ), naśroṣyasivinaṅkṣyasi- you will be lost. If you don't become conscious of Me you will be lost. Now it is up to you what you want to do". Thus, Krishna gives us choices but along with choices He tells about the consequences. By telling about the consequences He makes sure that Arjuna can make educated, well-informed choices. In 18.63 Krishna tells Arjuna that he should now deliberate deeply decide what he wants.

Krishna is concerned just like a parent would be and say, 'I told you that why didn't you do it?' No! If you have told and the children have not done it then that means they haven't understood its importance. They haven't understood its necessity. So it's our

responsibility to explain, especially when children get into the teenage years, that adolescence is a turbulent period. So when they don't understand what they are doing, why they are feeling the way they are feeling, why they are acting the way they are acting and when others blame them for acting in that particular way, then children get defensive, rebellious and then the communication between the parents and the children breaks. That is what we call, generation gap. It's not a generation gap, it becomes like a generation valley. Nothing seems to get communicated. Hence, here we must recognize that ultimately how can we influence another person. There are three main ways. One is provide knowledge second is set example, and third is give facilities.



Provide knowledge: If parents want to teach their children how to ride a cycle, they provide knowledge of how you should balance, how it should not make sudden turns, you should not press the brakes suddenly, and you should not paddle too fast. Setting an example: sometimes children are very afraid. If I ride a cycle I will fall down. This is when parents ride a cycle and show that it is not very difficult. And then after that it is not that the parents directly give the cycle and let them go on the highway. They provide the facility, such as a yard somewhere or some other safe zone where they can practice. And by this one can train the child- how to ride a cycle. Riding the cycle is relatively easy, but riding the mind isn't. Normally when we see children growing, we see the biological growth. The changes in the external gross physical body are visible. But along with that the subtle body also changes. So when children are small, they are usually mostly mind and little intelligence.

When children come to their teenage years at that time puberty comes in. The sexual desire awakens and it's a completely new experience and it just makes the mind extremely agitated, biologically hormones start getting secreted in the body and because of this whole new feature of life that is awakening, the emotions become very turbulent. And the intelligence on the other hand usually grows, goes into a mode of



rebellion. Why is that? When the children are small, at that time the parents are almost like God to them. Everything that the children need is provided by the parents. So initially there is this whole conception, maybe it is not consciously articulated because the children are so small, but they think that my parents are perfect in every way. And when they come to the teenage years they gradually start seeing, "oh my parents are not all that perfect!". They also have their problems. They also have their faults. They are like this, they are like that. And unfortunately the culture in the media often exploits this emotional vulnerability of children or of teenagers and manipulates their emotions.

Consequently, we live in a culture that bombards the children with desires. Get this toy, get this watch, get this gadget, get this bike and it is not possible for any parent to satisfy all the desires that are there in the adolescent mind. So even if the parents don't have any faults, just the fact that the parents do not provide the children all that they want becomes the big fault in the eyes of the children. In this way the same mind that had almost considered the parents to be perfect, like God; now it goes to the other extreme and it goes into rebellion, where the children start resenting the parents. 'You don't give me this, you don't give me that'. And it is not just that they have become bad but it is just that the desires have become so turbulent that at that time it is just a biological- psychological phase that one is going through. In childhood knowledge is more caught than taught. Taught means you do this and you don't do this. That's teaching. But caught means you see actions.

The way we act is what influences others much more than how we tell them to act. This is applicable even more in a vertical relationship where children feel that my parents are controlling me, dominating me, then they try to get back in whatever ways seem practical. Thus, setting an example is extremely important. The children see that the parents are doing what they are talking. They are walking their talk and that inspires them.

And last stage is providing facility. If children are provided spiritual sankskaras, some connection with

God in the form of spiritual music, going to temple, taking darshan, having some exposure to the pastimes of the Lord, Rama Katha or Krishna Katha, then that creates impressions. They may not even understand but these impressions as very valuable. Initially they may just do it because they are being told. Things may change once they attain adolescence because at that time they start asserting their independence. And this asserting independence is both ways; emotionally and intellectually. Emotionally they feel like, 'I want to explore the world, why are you restricting me'. And intellectually they start questioning 'why should I do this? What is the point of it all?' And if the parents at that time give the answer, 'this is our culture that is why you should do it'. That is a very unsatisfactory answer. 'Okay it is your culture, why should I follow your culture? No. I want to live my life.' In fact sometimes if there is too much of a gap between parents and children, then the children reject the parent's culture not because they dislike the culture but because they want to hurt their parents. They want to get back at their parents.

As a result, when they come to the teenage, it is important that the parents set a proper example.

If the parents are studying scriptures, are going to the temple, are themselves being spiritual then that example will inspire them. 'Yes my parents walk the talk'. Otherwise the children see that, 'my parents are just materialistic but when I want to be materialistic in my way they say, No! This is bad, but it is the same thing. You are materialistic in your way and I'm in my way.' So when there is spiritual example along with spiritual impressions, it empowers them to fight against their lower passions.

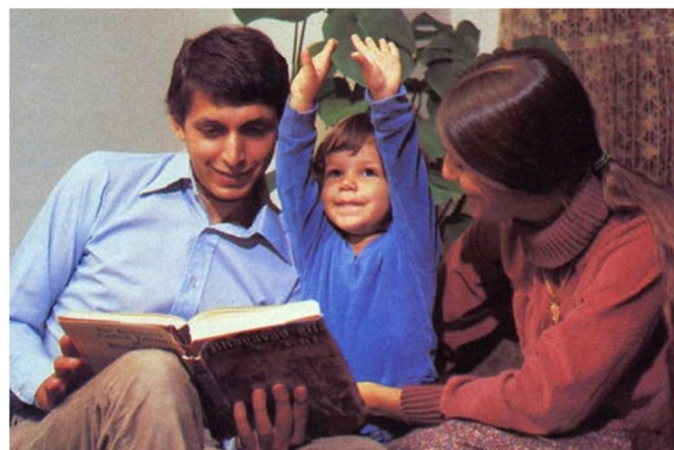
Also, if the parents want their children to adopt their culture, it is important that they develop a circle of similar age group for their children, which is also spiritual. In this circle, they practice spiritual life in a group, on their own terms and without the imposition of an adult perspective. In a way that makes sense to



them, both to their head and to their heart. And in this way they get the inner strength by which they can fight their lower self.

It is the parent's responsibility to create this kind of facility or to make efforts to provide it. However, when that is done, at the end of it all still we can't control. Krishna says *yatheccchasitathā kuru* 'as you desire so you do'. So though we cannot determine how others will act. But we can do our best in making sure that others can make the right choices.

The culture of questioning and answering in spiritual circles is most exemplarily demonstrated in the Bhagavad-Gita with God Himself answering questions. Nowhere in the Bhagavad-Gita does Krishna say, 'No, don't ask questions. No, I'm God just accept this'. Nowhere does he do that. It is natural that the human mind will come up with questions. If we have ourselves studied the philosophy then we will understand the answers, we can provide answers or if we connect our children with a spiritual forum where they can get the answers, then they can move onwards. When there are questions we need to provide the answers to them and that requires philosophical education. So if we study the philosophy, if we set an example and if we make endeavours to provide facilities, we have done all that we can to help our children to make the right choices. And even if they make some wrong choices for some time but they will have that inner substance to come back on track. That is how the Bhagavad-Gita offers us a model. If we provide facilities, if we set an example and if we provide knowledge then surely in due course we will empower our children to become the best that they can be.



BOOK REVIEW

Books by His Divine Grace A.C. Bhaktivedanta Swami Prabhupada

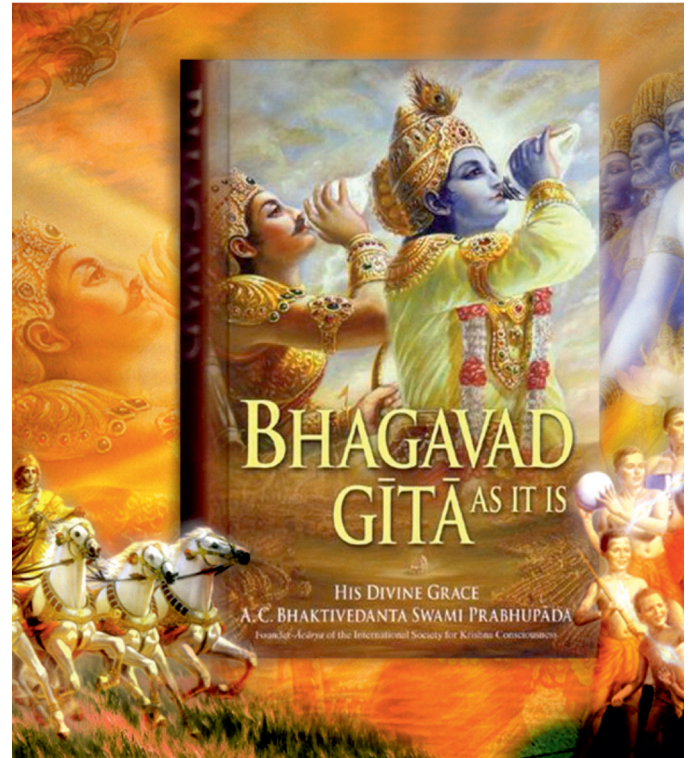
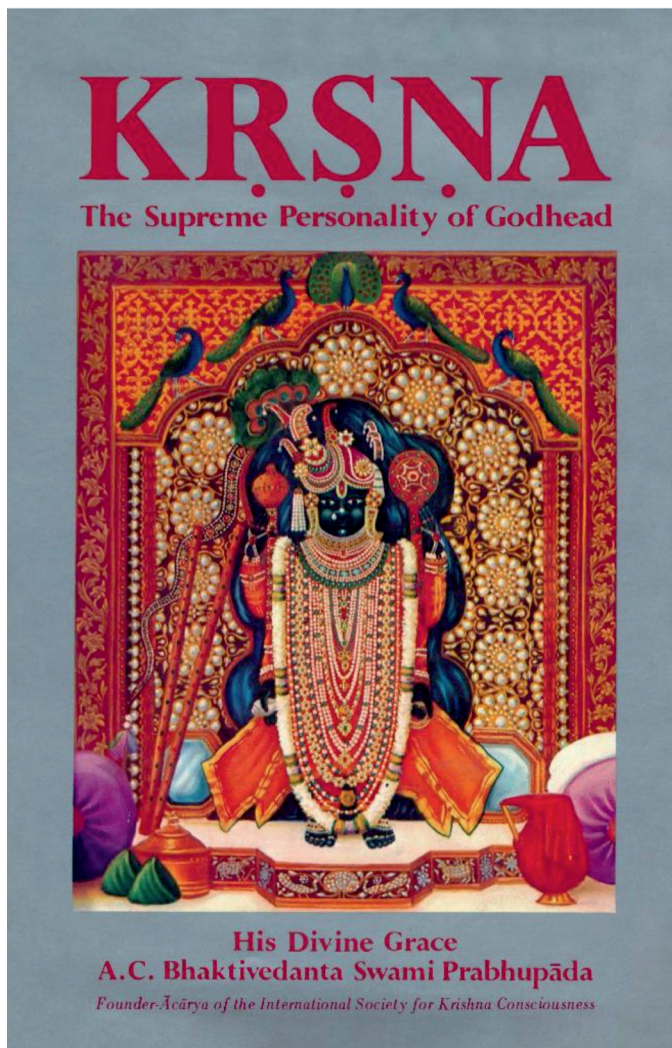
Bhagavad-gita As it is

Bhagavad-gita is the essence of Vedic knowledge and is one of most important Upanishads in Vedic literature. What is Bhagavad-gita? It is song of God given by the Supreme Lord Himself to deliver mankind from the nescience of material existence.

Arjuna was confused in the battlefield of Kurukshetra and was in difficulty to fight. All of us are in full of anxieties. Death threatens us when our existence is eternal.

The sufferings are imposed on us because we have forgotten our real purpose of life. Lord Krishna descends specifically to reestablish the real purpose of life.

Srila Prabhupada's profound purports for the verses helps one to understand the spirit of Bhagavad-gita. One who sincerely follows the teachings, for him perfection is guaranteed.



Krishna - The Supreme Personality of Godhead

This book is excerpt of the book Srimad-Bhagavatam which very vividly explains, particularly in the tenth Canto, how Krishna appeared in the family of the Yadu dynasty and how He displayed His transcendental characteristics which are of varieties of enjoyment.

The impersonalists would not dare believe that in the spiritual world there are such varieties of enjoyment, but in order to demonstrate the factual, ever-blissful enjoyment in the spiritual world, Lord Krishna descended to this planet and showed that the spiritual world is full of such pleasurable facilities of life. Such facilities are eternal, unlike in the material world they are simply impermanent perverted reflections.

Srila Prabhupada states that the purpose of presenting this book is primarily to induce people to understand Krishna as a Supreme Person. When one understands Krishna he can become freed from material bondage.

The above 2 books are available in the book store of Sri Sri Radha Parthasarathi Temple (ISKCON), East of Kailash, New Delhi-110065.

PREACHING CENTRES AROUND DELHI NCR

ISKCON, EAST OF KAILASH

Chirag Delhi-168, Sejwal Chowpal, Near Subzi Mandi
Chirag Delhi, New Delhi-110017
Contact at: 9911717110, 9910381818, 9810484885
Program: Every Saturday, Evening 7 PM to 9 PM

Okhla- Chhuria Muhalla Chowpal, Tehkhand Village
Okhla, Phase – I, New Delhi-110020
Contact at: 8588991778, 9810016516, 9911613165, 9971755934
Program: Every Tuesday, Evening 7 PM to 9 PM

Kotla Mubarakpur- Shri Omkareshwar Shiv Mandir
(Panghat wala), Gurudwara Road
Opp. Sher Singh Bazar, Kotla Mubarakpur, New Delhi-110003
Contact at: 9350941626, 9818767673, 9311510999
Program: Every Saturday, Evening 7 PM to 9 PM

Khanpur- B-192-B, Jawahar Park, Devli Road
(Near Cambridge School), Khanpur, New Delhi-110062
Contact at: 9818700589, 9810203181, 9910636160
Program: Every Saturday, Evening 7 PM to 9 PM

Hari Nagar, Ashram- 217, Saini Chaupal, Ashram
Or 119, VIIT Computer Institute (Basement)
Hari Nagar, Ashram, New Delhi-110014
Contact at: 9811281521, 011-26348371
Program: Every Saturday, Evening 7 PM to 9 PM

East Vinod Nagar-E – 322, Gali No. 8, East Vinod Nagar,
Delhi-110091
Contact at: 9810114041, 9958680942
Program: Every Saturday, Evening 6.30 PM to 8.30 PM

Sriniwas Puri-Sanatan Dharam Durga Mandir
1st Floor, J J Colony near to Gurudwara, Sriniwas Puri,
New Delhi-110065
Contact at: 9711120128, 9654537632
Program: Every Wednesday, Evening 7.30 PM to 9 PM

Sangam Vihar- E-6/102, Near Mahavir Vatika
Sangam Vihar, New Delhi-110080
Contact at: 9212495394, 9810438870
Program: Every Sunday: Evening 5 PM to 8 PM
Every Morning: 5 AM to 7 AM (Mantra Meditation)
Every Evening: 7 PM to 9 PM (Aarti)

Boat Club-Rajpath Lawn near Central Secretariat Metro Station,
New Delhi -110001
Every Wednesday 1PM -2 PM
Contact : 9560291770, 9717647134

Sarojini Nagar-Bharat Sewak Samaj Nursery School, Opp. Keshav
Park, Sarojini Nagar Market, New Delhi – 110023
Every Monday 6 PM to 8 PM
Contact : 9899694898, 9311694898

Lodi Road-Pocket – 2 Park, Lodhi Road Complex,
New Delhi – 110003
Every Saturday 5 PM to 7 PM
Contact : 9868236689, 8910894795

R.K.Puram-DMS Park (Opp. House No. 238), Sector - 7, R.K.
Puram, New Delhi –22
Every Sunday 5 PM to 7 PM
Contact: 9899179915, 860485243, 8447151399

Gole Market-Model Park, Sector – 4, DIZ Area, Gole Market,
New Delhi – 110001
Every Saturday 5 PM to 7 PM
Contact: 9560291770, 9717635883

Vaishnava Calendar

May - 2018

May 11 - Aparā Ekadasi (Fasting from grains and beans)

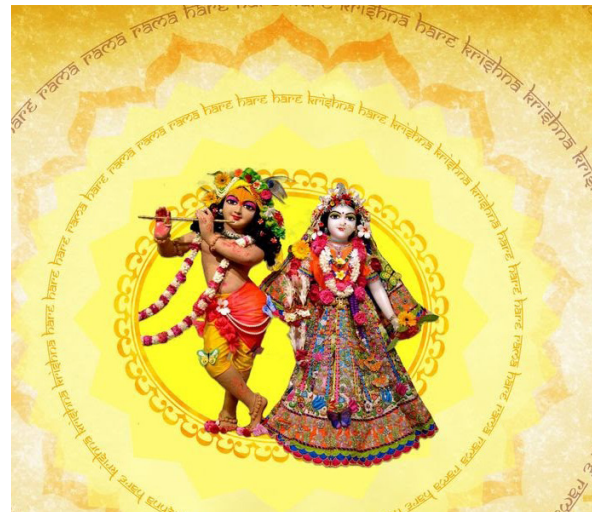
Break fast time next day between 5.35-10.02 am

May 14 - End of Saligram and TulasiJala Dan

May 14 - Beginning of PurusottamAdhika Masa

May 25 - Padmini Ekadasi (Fasting from grains and beans)

Break fast time next day between 5.25-10.00 am



ISKCON, PUNJABI BAGH

Kirti Nagar- Shemrock heights Play School- E-77,
opp. Kotak Mahindra Bank. Centre Coordinator- Krishna Murari
Prabhujī- 9868387810

Paschim Vihar- 344, Pragati Apartments, club road Punjabi
bagh, Centre Co-ordinator- Jahanvi Mataji 9250637080, Parul
prabhujī- 9971493379

Rani Bagh- OM Public School, Furniture Market, Rishi Nagar.
Centre Co-ordinator Vikas Singhal- 9654690503, Sadhyavilasini
Mataji – 9212400126

Vishal Enclave- Kidz Liliput- B33 Vishal Enclave, Rajouri Garden,
Centre Coordinator- Kavita Gulati Mataji -8447487375

Shastri Nagar WZ-38, opposite Mother Dairy,
Centre Coordinator- Vaibhav Gupta Prabhujī- 9868036006,
9213432666, Sadhya Krishan Prabhujī- 9999840554

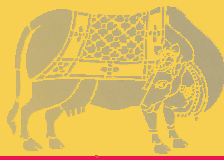
ISKCON, GURUGRAM

RADHA KRISHNA MADIR

New Colony, Gurugram, Every Saturday-6:30 to 8:30PM
Melodious Kirtan, Discourse on wisdom of
Bhagvad Gita and Krishna Prasadam

Rail Vihar Community Center

Sec 47, Gurugram, Every Wednesday 7:00 to 9:30PM
Melodious Kirtan, Discourse on wisdom of
Bhagvad Gita and Krishna Prasadam



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- For ISKCON, East of Kailash, Please contact HG Baladeva Sakha Prabhu @ 9312069623
- For ISKCON, Punjabi Bagh, Please contact HG Premanjana Prabhu @ 9999197259.
- For ISKCON, Dwarka, Please contact HG Archit Prabhu @ 9891240059.
- For ISKCON, Gurugram, Please contact HG Rameshwar Giridhari Prabhu @ 9899651230 / Ritesh Rampal @ 9654230342.
- For ISKCON, Faridabad, Please contact HG Ravi Shraavan Prabhu @ 9999020059

Temple Schedule

Program	Time
Mangala Arati	4:30 AM
Japa Meditation	5:15 AM
Darshan Arati	7:15 AM
Guru Puja	7:30 AM
Srimad Bhagavatam Discourse	8:00 AM
Raj Bhog Arati	12:30 PM
Usthapana Arati	4:15 PM
Sandhya Arati	7:00 PM
Bhagavad Gita Discourse	8:00 PM
Shyana Arati	8:30 PM
Temple Closes	8:45 PM




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West Punjabi Bagh, Delhi-26

Contact Person: HG Premanjana Prabhu (8802212763)

ISKCON, Dwarka - Plot No.-4, Sector-13, Dwarka, New Delhi-110075

Web: iskcondwarka.org, Facebook: www.facebook.com/iskcon.dwarka/

Contact: 9891240059, 8800223226

ISKCON, Gurugram - Sudarshan Dham, Main Sohna Road,
Badshahpur, Gurugram

Contact Person: HG Rameshwar Giridhari Prabhu (9899651230) /
Ritesh Rampal Prabhu (9654230342)

ISKCON, Faridabad - Sri Sri Radha Govind Mandir, Gita Bhawan, C-Block,
Ashoka Enclave-II, Sector-37, Faridabad, Phone : 0129-4145231

Email : gopisvardas@gmail.com